





## For any adults who work with children living in families that sometimes argue and fight

- Come and talk to us if you know something has happened at home.
- Be kind.



Stay calm.





• Listen to us.



• Don't treat us like babies.



- Don't keep asking us the same questions.
- Talk to us about other things, not just about home.
- Plan activities so we don't have to just talk.
- Take our mind off it.



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By the children at The Fantastic, Respectful and Helpful, Sharing Feelings and Thoughts Group



