



#### ADVERSITY: GENDER, POWER AND AGENCY

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BE THE DIFFERENCE

## WHAT ARE ADVERSE CHILDHOOD EXPERIENCES (ACES)? (ANDA AND FELLITI)

Physical abuse	Sexual abuse	Emotional abuse	Physical neglect	Emotional neglect
Mother treated violently	Household substance abuse	Household mental illness	Single Parent home	Household member goes to prison



#### Conception **ACEs occur** Disrupted neural development Cognitive, social & emotional impact Adoption of risky behaviours THE Disease, **ACES** disability, social issues MODEL Early Death death **UNIVERSITY** of **STIRLING**

#### WHAT IS THE VALUE OF ACES?

- Recognises the importance of trauma and adversity in children's lives, health and mental health outcomes.
- Emphasises prevention

#### WHAT'S THE PROBLEM WITH ACES?

The measure

Medicalisation and individualisation

Resilience, resistance, recovery

Obscures meaning making

agency and capacity for recovery

Risk and consequences

Obscures the material / spatia

Inconsistent with a rights based approach to childhood





#### **NEURODEVELOPMENT**

Neurological system is extremely plastic

Special windows of sensitivity very early

Hardwired for contact, exchange

Brain development as use-dependent Impact of trauma on brain development as time dependent

Cortisol impact on developing brain

Impact on neurogenesis

How might abusive and controlling behaviour impact this?

#### ACES AND GENDER?

Growing up in a single parent household is an ACE Most single parents are women

BUT

This model was developed in 1999

Control for poverty...

Five years later

Better than staying in conflict



#### EXAMPLE - ACES AND DOMESTIC ABUSE?

Gender analysis neutralised – failure to engage with an analytic of power in abusive dynamics

Emphasis on impact on victim and children

Implications for adult and child victims, and for perpetrators

The return of the amazing invisible perpetrator...!



#### THE VOICE OF THE CHILD?

http://www.healthscotland.scot/population-groups/children/adverse-childhood-experiences-aces/overview-of-aces

#### WHY IS THE MODEL GAINING POPULARITY NOW?

Certainty in uncertain times

Risk management

Early intervention

Troubled families / family assets



#### ADVERSITY IS NOT GENDER NEUTRAL...

Alcala (et al 2017)
ACEs and risk of
cancer



Girls' childhood ACES were associated with higher odds of cancer.



Boys - only emotional abuse was associated increased risk

Zettler et al 2017 ACES and residential placement



ACEs significantly increased the odds of residential placement



Race played a significant role in predicting residential placement, intersected with gender



ACES were Stronger predictor for boys



Stronger predictor for black boys and girls (not for white girls)

#### DOES THE 'PAIR OF ACES' FIX THESE ISSUES?

#### The Pair of ACES

ADVERSE CHILDHOOD EXPERIENCES

Maternal Depression

Physical & Emotional Neglect

Emotional & Sexual Abuse

Divorce

Substance Abuse

Mental Illness

Incarceration

**Domestic Violence** 

Homelessness

EN ENVIDONMENTO

ADVERSE COMMUNITY ENVIRONMENTS

Poverty

Violence

Discrimination

Poor Housing Quality & Affordability

**Community Disruption** 

Lack of Opportunity, Economic Mobility and Social Capital

# What about POWER? Exerted and resisted





## VIOLENCE IS A LESSON IN LEARNING TO BE QUIET

Lucy: I'd always hesitate of what I would say...even if I said "Hello", I'd always think before like, is he just going to shut me out? Is he going to respond in a nice way, or be angry or anything like that? I'd always think ahead of what I was saying



I have worries about my daughter now he's taken me to court for contact. He's emotionally and psychologically abusive and treats women appallingly. He's not interested in our daughter it's all about control over me still. He's demonstrated that by reluctantly paying cms and her birthday was 3 weeks ago she was 2 he never even got her a card after kicking up a stink in court about being able to at the contact centre.







If the stories are true, and this was about losing, then violence was his inner teddy bear's solution. Lashing out will have made him feel better for a short while. That solution, though, consumed not only other people's lives, but ultimately his own.

9:26 AM - 27 Aug 2018





Is oxytocin an 'inner teddy'?

### DETERMINISM — CHILDREN AS PASSIVE RECIPIENTS OF INEVITABLE DAMAGE







Children who have lived with domestic abuse may experience depression, severe anxiety, poor concentration levels and focus. They may have difficulty learning and limited social skills, exhibit violent, risky or delinquent behaviour. #ACEs #traumainformed



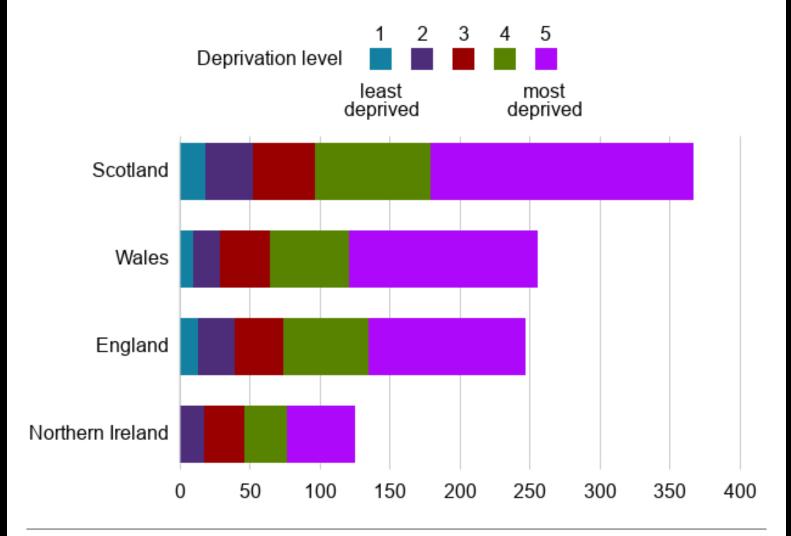
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Children's agency, participation, voice?



#### The UK's most-deprived areas have higher levels of children in care

Rate of children in care per 10,000 children by UK nation



1 in 60 children in most deprived areas are in care.

1 in 660 in the wealthiest areas

Bywaters et al. 2017

Source: Child Welfare Inequalities Project



#### MEANING MAKING

The person who forced me to expose myself to others when I was a child was less than 5 years older than me so apparently it doesn't count as abuse, & I don't know if my experiences count as emotional abuse because I don't know what counts as "often or very often". So my ACE score is 1, maybe 2 or 3? Definitely not above the "4 or more" cut off. But I've been totally batshit for years. So what does that make me? Unjustifiably fragile? Just a fuck up? Spoilt snowflake who can't cope with the real world?

Epistemic injustices (Fricker)



#### ROUTINE ENQUIRY... SKILLS AND SERVICES?

If professionals asked people routinely about adversity & abuse it would be an invitation many would take and support could be made available. Professionals have a duty to protect & support people they see & that includes taking about the difficult stuff. You deserve to be heard!

Yes all of my children are still deeply affected and eldest has PTSD from the dv

We all have hyper vigilance too.

They struggle with emotions and many other things and are now all under a CIN plan but again they have no clue how to help them as apparently there are no speacilists for children of dv with counselling under ten

Yes. He is traumatised. I asked for counselling and nothing's available. I'm told government cut backs are to blame. So, despite my limited financial resources, I've had to pay for some private therapy myself.



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## A TRAUMA FOCUSED APPROACH

The importance of emotion and relationship in context

Complexity of lived experience

Belonging

Meaning-making

Children's rights – agency and capacity

Capacity for resistance and resilience, not **just** damage